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PRESS RELEASE

Julie O'Brien Named President of AliCare Medical Management

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AliCare Medical Management (www.alicaremed.com, AMM), a leading provider of high quality, clinically-based care management programs, and a member of the Amalgamated Family of Companies, has announced the appointment of Julie O'Brien as President. O'Brien formerly served as AMM's Senior Vice President and Chief Operating Officer. In her new role, she will continue with past responsibilities, which include leadership for all aspects of AMM's call center operations, including: clinical services, customer service, strategic marketing and product development. Additionally, her role entails driving the continued growth and expansion of AMM's services and client base, strategic alliances, joint ventures, quality controls and overall fiscal performance.

David J. Walsh, President and CEO, Amalgamated Family of Companies stated that, "Since joining our organization in November 2002, Julie has been a tremendous asset to AMM. She has proven an extraordinary team player, but one who is clearly a team leader and knows how to motivate and inspire her staff to perform at the highest level. As COO, she has been vital to AMM's impeccable reputation both within the care management field and within the broader markets it serves, from diverse businesses and unions, to healthcare providers and managed care organizations. I expect nothing less than a continuation of her strong leadership as AMM's new president."

O'Brien's first position with AMM was as an Assistant Vice President. She subsequently was named Vice President, then Senior Vice President and COO, a role through which she maintained complete oversight of all operations at AMM's New Hampshire and Pennsylvania locations. Over the past 13 years, O'Brien has been instrumental in AMM's securing of important URAC accreditations for its various programs, including Utilization Management, Case Management, 24/7 Nurse Helpline and Independent Review Services, as well as driving operational efficiency.

Prior to joining AMM, she served as Director of Clinical Services for Health Dialog where she was responsible for clinical operations. She also held the position of Administrator for Neurology at Massachusetts General Hospital.

O'Brien is a Registered Nurse and holds a Bachelor's degree in Nursing and a Master's in Business with a specialty in Health Care Administration. Her professional affiliations include memberships in the American Nursing Association, American Academy of Ambulatory Care Nursing and the Women Business Leaders. Currently, she also sits on the URAC Accreditation Committee, serves as Vice Chair for the Radsite Committee and is active with the National Association of Independent Review Organizations (NAIRO).

She resides in Topsfield, MA.

About AliCare Medical Management

AliCare Medical Management (AMM), a member of the Amalgamated Family of Companies, is a national leader in developing care management solutions that promote cost savings and patient satisfaction. AMM's call center is open 24 hours a day, 365 days a year to provide maximum access and assure optimum program effectiveness. The company's services include: 24-hour Nurse HelpLine, Utilization Management, Maternity Management, Case Management, Disease Management, Health Coaching and Wellness, Independent Physician Review, Medical Claims Review and Hospital Bill Auditing. AMM holds four URAC accreditations for Utilization Management, Case Management, Health Call Center and Independent Review. For more information, visit: www.alicaremed.com